		Women						Men		
	Mark	**Name**	**Location**	**Date**			**Mark**	**Name**	**Location**	**Date**
50m	7.31	Annika Marshall	Edmonton	Jan 2025		**50m**	**6.15**	**Daniel Friesen**	**Edmonton**	**Jan 2026**
60 m	8.4h	Annika Marshall	Med Hat	Mar 2024		60 m	7.1h	Justin Jager	Med Hat	Mar 2024
	8.54	Annika Marshall	Lethbridge	Mar 2025			7.39	Justin Jager/Colton Robinson	Edmonton	Mar 2024
200m						200m				
200m Rel. Splt.	*27.6h est*	*Adara Both*	*Edmonton*	*Mar 2025*		*200m Rel. Splt.*	*23.7h est*	*Justin Jager*	*Edmonton*	*Mar 2024*
300m	45.26	Cheldynn Molnar	Edmonton	Mar 2022		300m	37.94	Justin Jager	Edmonton	Jan 2023
400m	69.3h	Brooklyn Kaczynski	Med Hat	Mar 2024		400m	55.0h	Justin Jager	Med Hat	Feb 2023
400m Rel Splt	*63.5h est*	*Cheldynn Molnar*	*Edmonton*	*Mar 2023*		*400m Rel Splt*	*53.4h est*	Justin Jager	*Edmonton*	*Mar 2024*
600m	1:46.94	Cheldynn Molnar	Edmonton	Mar 2023		600m	1:27.04	Brannon Sumner	Edmonton	Mar 2023
800m	2:44.9h	Mizuki Iwata	Med Hat	Mar 2024		800m	2:03.1h	Brannon Sumner	Med Hat	Feb 2023
800m Split	*2:41.5h est*	*The Madison Scrimger*	*Edmonton*	*Mar 2025*		1000m	2:42.29	Brannon Sumner	Edmonton	Mar 2023
1000m	3:21.18	The Madison Scrimger	Edmonton	Mar 2025		**1500m**	**4:37.84**	**Logan Pancoast**	**Edmonton**	**Jan 2026**
1500m	5:04.14	The Madison Scrimger	Edmonton	Mar 2025		**3000m**	**9:47.31**	**Logan Pancoast**	**Edmonton**	**Jan 2026**
3000m	10:54.37	The Madison Scrimger	Edmonton	Mar 2025						
						4 x 200m	1:39.46	Robinson, Leipert, Iwata, Jager	Edmonton	Mar 2024
4 x 200m	1:59.47	Kaczynski, Marshall, Scrimger, Stickel	Red Deer	Feb 2024		4 x 400m	3:39.91	Schiller, Iwata, Jager, Sumner	Edmonton	Mar 2023
4 x 400m	4:32.31	Grover, Ross, Scrimger, Molnar	Edmonton	Mar 2023						
						Rat Run 5 km	18:16	Brannon Sumner	Med Hat	Apr 2023
Rat Run 5 km	22:51	Cheldynn Molnar	Med Hat	Apr 2022		Rat Run 10 km	41:34	Shintaro Iwata	Med Hat	Apr 2023
Rat Run 10 km	41:10	Becky Ross	Med Hat	Apr 2023						
						WA Tables - Best Ever Performance - Male				
WA Tables - Best Ever Performance - Female						897 - Daniel Friensen 50m				
771 - Maddie Scrimger 3000m										
updated Jan. 25, 2026										